

The CS800 Stepper combines the familiar dependent stepping action with an arched step-rail design and impressive 16" maximum step height for an effective lower body workout. The narrow 2" pedal spacing (Q-Factor), large cushioned pedals, and solid handrail design combine to give you an incredibly comfortable and space-efficient cardio unit.

## **FEATURES**

- Arched step-rail design allows for a more natural stepping motion
- 16 inch maximum step height with 20 levels of resistance satisfy the needs of beginners or advanced exercisers
- Padded handlebars surround the user for a secure and stable workout
- Shielded concave roller wheel system for superior stability and durability
- Ease of use allows users of any fitness level to get an effective workout
- C-Safe Power and Communication capabilities for A/V control
- 2° of inversion at each foot pedal places the user in an anatomically correct position.

## CONSOLE FEATURES

As with any product, a major importance is the user interface. We focused on making everything easily accessible and comfortable: A storage tray for a phone, keys, or an MP3 player, ergonomically friendly pulse grip handles for a more natural hand position, and a Turbo cooling fan to keep your clients cool and encourage them to workout longer.

A quick press of a button and your clients are off on one of the many specialized workouts such as the Fit Test or Constant Power programs. Our large, easy-to-read console gives your clients constant feedback from calories to distance to time.



## EQUIPMENT SPECIFICATIONS

Console	Large Blue-LED Matrix w/ 4 Separate LED Info Windows, 20-Character LED Message Center, LED Heart Rate Bar, Tablet Friendly Reading Rack
Programs	Manual, Hill, Fat Burn, Cardio, Strength, Interval, Fit Test, HR, Constant Power, Custom
Heart Rate	Contact & Telemetric (Chest strap sold separately)
Resistance	20 levels
Step Height	User determined, 16" Maximum Step Height
Power	120 Volts; 15 Amp Circuit recommended
Flywheel System	23 lbs.
Pedals	Oversized and Padded
Frame	Heavy-Gauge High-Strength Steel w/ Durable Powder-Coat Paint
Dimensions	55" x 32" x 63"
Product Weight	175 lbs.
Max User Weight	450 lbs.

## WARRANTY INFORMATION Commercial Warranty (Non-Dues Paying Facilities) Lifetime: Frame | 5 Years: Parts & Electronics | 2 Years: Labor

SALES: 800.258.4555 | SALES@SPIRITFITNESS.COM |

WWW.SPIRITFITNESS.COM